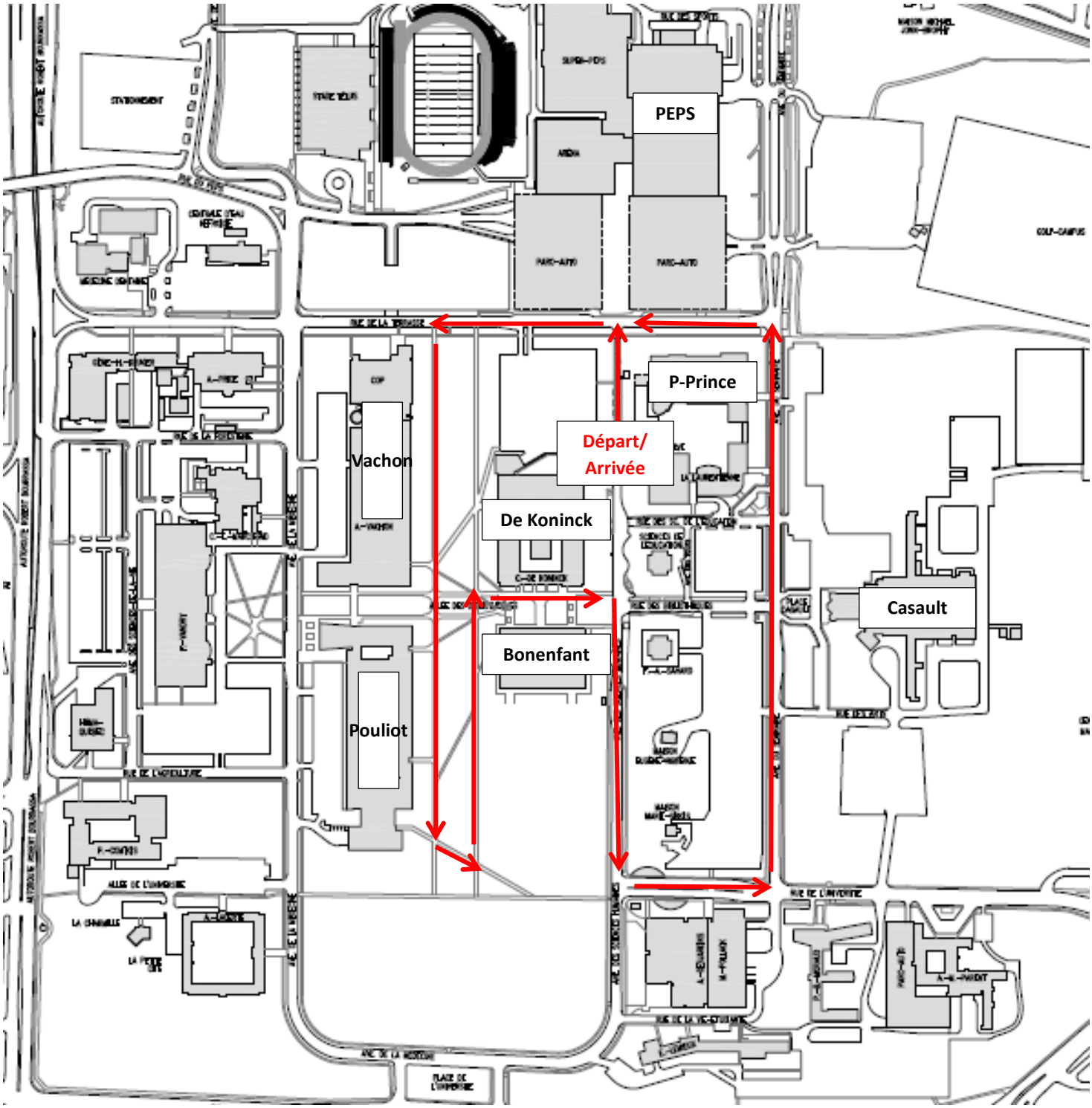Plan 5-10 km - 25 avril 12h